Silayan Filipina

SILAYAN FILIPINA NATIONAL ORGANIZATION

Benefit HON*RING FILIPINAS

COURTYARD MARRIOTT

AT LIBERTY STATION

2592 LANING RD, SAN DIEGO, CA 92106

SATURDAY, DECEMBER 20, 2014

2013 - 2014 EVENTS & ACTIVITIES

We are pleased to share that as an organization, we have exceeded our 2014 goals of offering 4 Workshops, 4 Round Tables/Special Events, 4 Community Service Projects and 2 Awareness Walks. We attribute our success to our dedicated Silayan Filipina Members, their families and the San Diego community.

07/14/13 Workshop: "Breaking the Bamboo Ceiling" (Jerrilyn Malana, Esq.)

"Fil-AM College Students: Successes & Challenges" (Rey Monzon, PhD)

"Leaning In" Capt. Paz B. Gomez (USN-retired)

08/11/13 Workshop: "Get BRAGN to Increase Life's Positive Results!" (Zenaida Roy-Almario)

09/14/13 Community Event: South Bay Pride Festival

10/13/13 Workshop: "Preparing for your Next Job Interview" (Joyce Glady)

"Demystify Public Speaking" (Melissa Tan)

10/27/13 Cultural Event: Mga Anak ni Inang Daigdig/Children of Mother Earth/ Smokey Mountain

10/19/13 Alzheimer's Walk "Team Lily"

11/03/13 Breast Cancer Walk

11/16/13 Kapehan: Interim Mayor Todd Gloria

11/16/13 Kapehan: "Social Media/ Website Design" Jeanne DeGuzman

11/16/13 Gift Drive: Operation Christmas Child – Gift boxes donated to the Philippines

11/24/13 Meryenda Tea & Membership Drive

11/24/13 Community Service: Mama's Kitchen Food Drive

11/24-31/13 Typhoon Haiyan/Yolanda Relief Fund (w/ Gawad Kalinga)

12/08/13 Community Service: UCSD Mother-Child-Adolescent (HIV) Program Christmas Party

12/28/13 Silayan Filipina Christmas Party01/19/14 Annual General Membership Meeting

01/26/14 Workshop: "New Year, Better You" Health and Wellness Series (Dr. Melinda L. Silva)

02/09/14 Community Service: Lunch Service at Father Joe's Village

02/19/14 E-mail Campaign: Physical Education letters of support

02/23/14 Workshop: "The Skinny on Diabetes Among Filipinos" Dr. Maria Rosario (Happy) Araneta

02/23/14 Clothing Drives for Gently Hugged & Operation Homefront

03/01/14 Fitness Event: U-JAM with Mary Jane Cando Ramos

03/23/14 Kapehan: Discussion on Domestic Violence

04/06/14 Meryenda: Conversational Tagalog (Marivi Soliven)

04/26/14 Community Service: Kundirana 2014 /Bahay Pag-Asa

04/27/14 Workshop: Architectural & Interior Design (Evelyn Avinante)

05/04/14 Karilagan Youth Leadership Program Launch

05/15/14 Kapehan: Meet the Mayor! San Diego Mayor Kevin Faulconer

06/08/14 Cultural Performance: Philippine Independence Day-House of Philippines, Balboa Park

06/29/14 Community Service: FACES SoCal Golf Tournament

06/29/14 Karilagan Training: Philippine Folk Dancing (Raena Mallari)

07/20/14 Business Expo: "Beauty, Bling & Bon Bons" Boutique

07/20/14 Karilagan: Mother-Daughter Clothing Drive for My Girlfriend's Closet

08/02/14 Empowerment Event: Dr. Connie Mariano, "The White House Doctor"

08/03/14 Health Community Outreach: Diabetes Forum (Dr. Happy Araneta)

09/07/14 Aloha Run 5K (John Wayne Cancer Foundation)

09/14/14 Community Service: Temecula Tour de Cure (Amer. Diabetes Association)

10/03/14 "Saving Beverly" Domestic Violence Fundraiser (Marivi Soliven, Atty. Anne Bautista)

10/10/14 Kapehan: "Stress Management" (Arlie Ricasa); "Aging Gracefully" (Dr. Melinda Silva)

10/17/14 Community Event: "Visionary Volunteers" Award from PhilAm BID

10/19/14 Making Strides Against Breast Cancer Walk (Amer. Cancer Society)

10/18-19/14 California Pizza Kitchen Fundraiser

10/26/14 Karilagan Training: "Be The Best You Can Be!" (Jocelyn Lomahan)

11/01/14 Concert: Charmaine Clamor, Queen of Jazzipino (Co-Sponsor with SD Central Library)

11/02/14 Karilagan Training: "Dining Etiquette & Social Graces" (Debbie Espe & Perla Brownlie)

11/09/14 Silayan Filipina General Meeting & Elections

11/09/14 Karilagan Training:
"Destination- Higher Education" (Arlie Ricasa)

11/09/14 Community Service: Canned Food Drive for Mama's Kitchen

11/16/14 Karilagan Retreat

11/17/14 Community Service: Operation Christmas Child

12/07/14 Karilagan Training: "Bulaklakan" Folk Dancing

12/20/14 Benefit Gala "Honoring Filipinas in the Arts" Courtyard Marriott, Liberty Station

2015 EVENTS & ACTIVITIES

Father Joe's Saint Vincent de Paul

My Girlfriend's Closet

Go Red for Women (American Heart Association)

Kapehan and Cookie Exchange

Spring Clothing Drive for Gently Hugged and Operation Homefront

Women's Symposium (for Women's History Month)

Film Screening "Delano: Manongs"

Easter Family Picnic

Meryenda:

Women's Tea & Fashion Show

Mini Me Tea Party

Balboa Park Centernnial 2015

Summer ARTS Workshops – Animation, Photography, Dance, Film

Tour De Cure (American Diabetes Association)

Aloha Run 5K (John Wayne)

Making Strides: Breast Cancer Walk

Workshop: Philippine History Month

Canned Food Drive for Mama's Kitchen

Meryenda:

Kamayan Thanksgiving Dinner

Operation Christmas Child

Christmas Shows (Senior Citizens Ctr)

Executive Director's Message

Dear Silayan Filipina members, family and friends,

On behalf of the Silayan Filipina National Organization, I'd like to welcome all of you to our first Benefit Gala. This has been a most exciting year for us! Everything we do is a "first" and the only boundaries that limits us are those we place on ourselves. Silayan Filipina is more than an organization to empower women, and cultivate our Philippine heritage . . . it is an organization who support one another, to share experiences and help each other "be the best we can be". We share our vision to make an impact in the world. . . or maybe just to lift up a friend with a cup of tea. This wonderful group of sisters, are true to the heart, and I personally thank all of you for trusting me and our incredible Board of Directors, for diving in, head first, to become a part of Silayan Filipina.

To our "Filipinas in the Arts" honorees . . . Thank you for sharing your incredible talents and passion for the arts. We commend you for taking the road less traveled, and for making the sacrifices to follow your heart. As you perform for an audience, splash color on an empty canvas, or put words down on paper .

... you take the rest of the world with you . . . to dream, to imagine, to captivate! Treasure the "Pamana", continue to shine and rock the world!

To our Karilagan Jr. Sampaguita members... Thank you for participating in our youth leadership program. We hope you take along with you not just the many lessons you've learned from this program, but the experience you've shared with the people who thinks the world of you – your coaches! Thank you to all our coaches for giving your time and choosing to make a difference in these young ladies' lives.

To our fiscal sponsor, DOD FedGlobe, and Patrick Ambrosio, we appreciate your support and for believing our cause. To our Gala Co-Chairpersons, Michelle Ella-Blake and Gladys Castillo, and their committee – what a beautiful event this is to share with our Silayan family, friends and community.

May you have a pleasant evening!

Joy Ella DeGuzman

President's Message

My warmest greetings and best wishes to all of our guests and members.

It is my privilege to welcome you to the inaugural Silayan Filipina Benefit Gala. We are honored by your presence and support for our organization.

It is with great pride that I convey our vision of "Empowering and enriching the lives of Filipina American women through educational outreach, service to others and cultivating the Philippine heritage." This past year, Silayan hosted very exciting and powerful speakers, workshops and events all designed to enhance the personal and professional lives of our members and community.

Tonight's program, Honoring Filipinas in the Arts, will recognize extraordinary Filipinas who are making an impact in the literary, visual and performing arts. We will also highlight members in our KARILAGAN Youth Leadership Program. The net proceeds from tonight's event will benefit the Children of Mother Earth performance arts troupe from Smokey Mountain in Tondo, Manila, Philippines.

The members and supporters of Silayan Filipina have demonstrated wonderful enthusiasm, diligence, and hard work this past year. I wish to thank all who have dedicated their time to helping us achieve our goals and uphold our vision. We hope that you enjoy this evening's program. Welcome once again and thank you for your support in furthering our collective success.

Happy holidays to you and yours!









CENTER FOR EXECUTIVE MEDICINE

Eleanor C. Mariano, MD, FACP ★ (480) 945-2494 ★ www.drcmariano.com

December 20, 2014

To my Silayan Filipina Sisters:

I regret that I am unable to join you for your inaugural Benefit Gala due to the recent passing of my mother. We were all raised by Filipina mothers who blessed us with the gifts of dedication and service to family and community. Every day I miss my mother and am grateful for her being my role model and mentor. She would have been delighted to know that I am a member of Silayan Filipina.

I wish you a successful gala as you honor "Filipinas in the Arts" and recognize the Junior Sampaguita members for completion of their Karilagan youth leadership program.

Thank you for all your work to educate, empower, and enrich the lives of women of Philippine heritage.

Congratulations and best wishes for an outstanding and successful event.

Maraming salamat!

All the best,

Dr Connie Mariano

Rear Admiral (ret), U. S. Navy





PHILIPPINE HONORARY CONSULATE OF SAN DIEGO

December 14, 2014

Silayan Filipina Attn: Ms. Joy Ella Deguzman, Executive Director 4635 Carmel Mountain Road, Suite 308 P.O. Box 118 San Diego, California 92130

Dear Ms. Deguzman,



Silayan Filipina has been a leader dedicated to providing valuable community outreach services to Filipinas, as well as cultivating our beautiful Philippine heritage. This year's gala appropriately recognize extraordinary individuals who are making an impact in the liter visual and performing arts.

As the Philippine Honorary Consul of San Diego, I am proud of Silayan Filipina's important work in furthering the interests of Filipinas and our culture. In addition, its work contributed toward the greater overall unity in our community, which we need in orde continue our progress.

Congratulations to the organization and its successful inaugural benefit gala. Maraming sale po at mabuhay po kayo!

Sincerely,

Audie J. de Castro

Philippine Honorary Consul of San Diego

701 B Street, Suite 1745, San Diego, CA 9210 619-241-2114 honcon@phconsulatesd.org STATE CAPITOL P.O. BOX 942849 SACRAMENTO, CA 94249-0018 (916) 319-2018 FAX (916) 319-2118

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COMMITTEES

CHAIR, PUBLIC EMPLOYEES, RETIREMENT AND SOCIAL SECURITY BANKING AND FINANCE ELECTIONS AND REDISTRICTING HEALTH TRANSPORTATION

SELECT COMMITTEE

CHAIR, GUN VIOLENCE IN THE EAST

December 20, 2014

Silayan Filipina National Organization 4653 Carmel Mountain Road, Suite 308 San Diego, CA 92130

Greetings:

I am pleased to welcome you to the Silayan Filipina National Organization Benefit Gala, "Honoring Filipinas in the Arts."

As a national non-profit women's service organization, Silayan Filipina has dedicated its work to promoting our Filipino heritage while making a difference in society. I am proud to join them in carrying out this mission by recognizing tonight's deserving honorees in the literary, visual, and performing arts for the benefit of the families.

visual, and performing arts for the benefit of the families and children living in one of the poorest areas of the world, Smokey Mountain in Tondo, Manila, Philippines.

As the first Filipino-American elected to the California State Legislature, I am proud to congratulate the Silayan Filipina for its demonstrated commitment to empower Filipina-Americans to lead and positively impact the community.

Sincerely,

Rob Bonta

Assemblymember, 18th District

STATE CAPITOL P.O. BOX 942849 SACRAMENTO, CA 94249-0039 (916) 651-4039 FAX (916) 651-4939

> DISTRICT OFFICE 701 B Street, Suite 1840 SAN DIEGO, CA 92101 (619) 645-3133

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Congratulations Silayan Filipina, Arts Honorees and Young Women Leaders!

December 20, 2014

Dear Friends:

Congratulations Silayan Filipina on your First Anniversary celebration and Benefit Gala! With your many accomplished and community service-minded members, Silayan Filipina has already established itself as a leading organization in the Filipino American community and a rising star in San Diego County.

Silayan Filipina's mission to "empower Filipino Americans to lead and positively impact the world" is a commendable and an achievable goal that is destined to be accomplished by numerous members of your organization.

I applaud the young women leaders that will be recognized and awarded the Karilagan Youth Leadership Award for their leadership, community service, dignity, grace and compassion. These young ladies are truly our leaders of today and stars of tomorrow that will make indelible marks in their communities, fields of interest and society. I also want to congratulate the honorees that are being recognized for their outstanding contributions in visual arts, literary arts and performing arts. These amazing artists have already made history.

It's an honor to be graced with the presence of and showered with words of wisdom from Dr. Connie Mariano. Her service as the "White House Doctor" to our U.S. Presidents reminds us of the immense talent and skills that are abundant in our Filipino American community, and the significance of Dr. Mariano as an important American figure.

I would like to recognize the great work of Silayan Filipina's Executive Director, Joy Ella DeGuzman, its Executive Board, Board of Directors and members for actively participating in worthy charitable causes throughout the County and internationally. Your involvement in activities such as walks to battle breast cancer and diabetes, participation in providing clothing donations to low-income young women, and fundraising for victims of domestic violence are highly commendable. Proceeds from this evening's gala will make an incredible impact on lives of those who live in "Smokey Mountain", one of the most impoverished areas in the Philippines.

I wish you all a memorable evening and the best of fortunes always.

Sincerely,

MARTY/BLOCK

State Senator, 39th District

Proudly representing the cities and communities of San Diego, Del Mar, Solana Beach, and Coronado

Vision

Empower Filipina-Americans to lead and positively impact the world.

Mission

The Silayan Filipina National Organization (a.k.a. Silayan Filipina) is a Filipina-American women's service organization dedicated to educational outreach, community service, and cultivating the Philippine heritage.

This dynamic sisterhood builds networks and relationships between multi-generations, fosters professional development and personal growth, and strives to positively impact society by empowering our members, providing positive Filipina-American women role models, and participating in community service.

Silayan Filipina is supportive of diversity regardless of age, gender, race, religion, language, abilities/disabilities, sexual orientation (LGBT), gender identity, socio-economic status or geographic region. Silayan Filipina's national board of directors, officers and extraordinary members share the core set of values of education, empowerment and celebration.

EDUCATION

We provide a positive learning environment in order to share our collective knowledge and model success. We provide members with tools and resources for career advancement and professional development. We award scholarships to deserving minorities. Our Youth Leadership Training Programs nurture well-rounded individuals and future community leaders. Our Professional Development Program offers networking and mentoring opportunities and features speakers who share their expertise. Silayan Filipina seeks to build relationships between our members and the community, representing diverse backgrounds such as medicine, health & well-being, civic, veteran, arts & culture, media/broadcast, and corporate.

EMPOWERMENT

We create opportunities for personal growth and well-being. We nurture the bonds between generations and hold informal round table discussions, workshops, and programs to help address today's challenges, such as self-esteem, peer pressure, graduation, career changes, pursuing one's passions, getting married, raising a family, caring for aging parents, getting divorced, empty nesting, bereavement, and retirement. Silayan Filipina performs community service and community outreach in order to inspire and empower underserved minorities to prevail over life's obstacles.

CELEBRATION

We host an annual Charity Ball Fundraiser to celebrate the unique aspects of our culture through song, dance, music, art and food. Silayan Filipina hosts and sponsors fundraisers and events in order to support our goals and efforts. The Tagalog word "silayan" translates to "a glimpse" or "new dawning." Silayan Filipina embodies these meanings by celebrating life's journey of the modern Filipina-American woman: intelligent, confident, assertive, empowered, articulate, courageous; and carries herself with dignity, grace, compassion, and self-respect. It is this pathway of reflecting on our past that we can create our future. Together, we share the beauty of the Philippine heritage so our art, culture and traditions may be preserved and cherished for generations.

Board of Directors

SILAYAN FILIPINA BOARD OF DIRECTORS 2014

President: Joyce Ungoco Glady Vice-President: Grace Gan Tabares Secretary: Melissa Tan Hardy Treasurer: Cheryl Ramos Kelley

Member-At-Large/Dir. Of Programs: Michelle Ella-Blake Director Of Activities/Events: Beverly Mendoza Mcknight Director Of Arts & Culture: Joanne Daligdig Vallar

Director Of Communications: Jeanne L. Deguzman Director Of Education: Aliza Nichelle Cruz

Director Of Membership: Josie Crucero Aguinaldo Director Of Public Relations: Marissa Ramos Del Fierro

SILAYAN FILIPINA BOARD OF DIRECTORS 2015

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Member-At-Large/Dir. Of Communications: Jeanne L. Deguzman

Director Of Activities/Events: Melinda Benavente Director Of Arts & Culture: Marivi Soliven Blanco Director Of Education: Arlie Ricasa Bagaporo Director Of Membership: Nova P. Lara Director Of Programs: Grace Gan Tabares

Director Of Public Relations: Marissa Ramos Del Fierro

Mga Anak ni Inang Daigdig

Mga Anak ni Inang Daigdig (MAID), also known as Children of Mother Earth, are an environmental group of young performers, born and raised in Smokey Mountain, an untreated garbage dump in Tondo, Manila, Philippines. They have been designated as Ambassadors for Peace and Environment. These young performers showcase the riches of the Filipino cultural heritage through the dances and rituals of the indigenous people and the folk dances from various parts of the country.

Silayan Filipina has proudly chosen MAID to be our first recipient of our Benefit Gala.





SILAYAN FILIPINA PAMANA AWARD 2014

"Honoring Filipinas On The Arts"

The Silayan Filipina Pamana Award was established to celebrate inspiring women and recognize them for their accomplishments. These extraordinary women serve as role models in their respective careers and truly embody the very essence of Silayan Filipina - a woman who is strong, confident, empowered, articulate and carries herself with dignity, grace, compassion and self respect. Pamana is Tagalog for heritage, legacy. In essence, this award is dedicated to their experience, their story, their gift that they share with the rest of the world for years to come.

This year's theme is "Honoring Filipinas in the Arts." Silayan Filipina has selected twenty-one outstanding women that are making a significant influence in the Literary, Visual and Performing Arts. Their creativity, passion and dedication are examples of inspiration, allowing for self expression and originality, while embracing who you are and pride in the Philippine heritage. What is your legacy? Anong pamana mo?

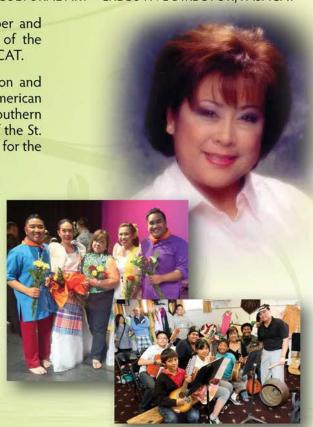
Anamaria Labao Cabato PHILIPPINE CULTURAL ART - EXECUTIVE DIRECTOR, PASACAT

Anamaria Labao Cabato is a founding dancer, singer and rondalla member and eventually became the Executive Director and Music Director in 1985, of the Philippine-American Society and Cultural Arts Troupe, now known as PASACAT.

Cabato works for AT&T as a Network Force-Load Analyst in Construction and Engineering and is the current National President of FACES, the Filipino-American Communications Employees. She was the founding President of the Southern California Chapter and continues to serve as Treasurer. She is Secretary of the St. Rita's Finance Council and serves on the Liturgy Committee as Choir Director for the Folk Choir.

Cabato was a founding partner in VOCAL (Voices of Community at All Levels), a network of cultural groups by the Jacobs Center"Jacobs Center for Neighborhood Innovation. She is also a community member on the CCCA"Center for Community & Cultural Arts Guide Team, chairperson of the Diocesan Commission for Filipino Catholics and a member of the Diversity Initiative Steering Committee for the City of San Diego's Commission for Arts and Culture.

Cabato is one of four co-chairs for the Balboa Park 2015 Centennial Philippine American Celebration. Per Cabato, "My involvement with this is a tribute to my parents who are a role model of community service. I'm carrying the torch so that our Philippine American Celebration might inspire others to answer the call to serve our community and take pride in our Philippine heritage."



Bianca Vallar
PERFORMING ARTS - DANCER

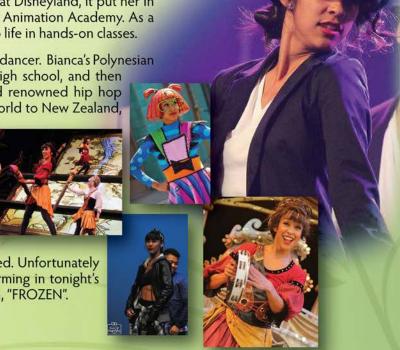
Since childhood, Bianca has always been comfortable with dancing and performing. She always knew what she wanted to do. At the age of 3, she told her mom "Mama, when I grow up, I'm going to work with Mickey Mouse." She did just that. Bianca received her Bachelor's of Fine Arts in Animation, from Cal State Fullerton last May. Along with her employment as a parade & show dancer at Disneyland, it put her in the perfect position to accept a position in Disneyland's Animation Academy. As a Disney Artist, Bianca will be bringing Disney characters to life in hands-on classes.

Not only is Bianca a wonderful Artist, she is an exceptional dancer. Bianca's Polynesian Dancing as a 6yr old transitioned to Cheerleading in high school, and then

Hip Hop dancing. As an original member of the world renowned hip hop group "Cookies," she has traveled annually around the world to New Zealand,

Australia, Singapore, Japan, England, France and Germany performing, teaching dance workshops and spreading the "CALIFORNIA STYLE" of hip hop dancing. "Cookies" Hip Hop Team has won almost all competitions they enter. International fans can't wait to watch Bianca & Cookies' latest performances on "You Tube".

As the youngest of Silayan Filipina's prestigious group of Pamana awardees, Bianca is honored to be included. Unfortunately she is not able to attend the Gala because she is performing in tonight's opening show of Disneyland's newest musical production, "FROZEN".



Cecelia Ramos Linayao is a fine arts graduate of Cal State University Long Beach. She says "The fascinating thing about art is its infinite possibilities for personal expression and public connection."

Her group projects include being on the team holding the Guinness World Record's Largest Chalk Drawing – the size of an airfield. She led a team that created a 50 foot replica of the Sistine Chapel Ceiling in San Diego's Little Italy. This year she led a smaller team that created a 30 foot replica of the Stained Glass Madonna from Milan in celebration of Little Italy's 20th Anniversary. Another amazing team project was her duet with aerosol artist MexArt. Honoring Women's History Month at Southwestern College, they painted Malala, the Pakistani girl who survived being shot by the Taliban. Winning the Best Techniques Award, it is the first collaboration of pastels with spray paint.

Her solo projects consist of paintings across the USA and around the globe in China, Italy, Mexico and Canada. She has received numerous awards and was the Featured Artist at many events. They include live demonstrations for the Festival of Philippine Arts & Culture© in San Pedro and FilAmFest© in San Diego. As an artist and ambassador of the Art Miles Mural Project©, her mural featured International Barbies for an EPIC Award. The White House Project's EPIC Awards

honor those who have been creating real change by promoting positive images of women in media.

She finds deep satisfaction in creating art for communication, education and self-expression.

Visit her website www.CeceliaLinayaoFineArt.com to see her work.

Cecelia Linayao



Celebrated by The New York Times as "a gifted vocalist" and by The Los Angeles Times as "one of the important and original new jazz singers of the decade," Filipino-American recording artist and cultural trailblazer Charmaine Clamor has earned her Queen of Jazzipino crown. Her global recognition reached new heights in 2010 when she was the only Filipina to appear on the David Byrne/Fatboy Slim concept album, "Here Lies Love" (Nonesuch), about the life of Imelda Marcos.

In 2011, while making her sixth-straight appearance at the Philippines International Jazz Festival, Charmaine gave a command performance at Manila's Malacanang Palace for United States Ambassador Harry Thomas and Benigno "Noynoy" Aquino III, President of the Philippines.

Charmaine made her solo recording debut with Searching for the Soul (FreeHam Records). Her second album, Flippin' Out (FreeHam Records), brought her international recognition, where she introduced Jazzipino, a new music style blending American jazz with music from her beloved home country. Her third album, My Harana: A Filipino Serenade (FreeHam Records), revived the ancient Filipino courtship tradition of harana. Charmaine was then signed to Viva Records, as their first and only jazz artist. Her debut album, appropriately entitled Jazzipino (Viva Records), brought Charmaine's unique sound to millions of new listeners on Filipino radio and television. In Charmaine's album entitled Something Good (FreeHam Records), she declared that there are two kinds of music: the good stuff, and everything else." Categories don't matter; labels are irrelevant. When she shares her jazz-world-soul-pop-funk-blues expressive voice, genres fade away and beauty takes over.

Charmaine serves as one of the founding members of JazzPhil-USA and her many honors include the Asian Heritage Award in Performing Arts, Filipinas Entertainer of the Year, and recognition as one of the 100 Most Influential Filipinas in the United States. Please visit her website at www.charmaineclamor.com

Charmaine Clamor PERFORMING ARTS - IAZZ SINGER



Dr. Connie Mariano

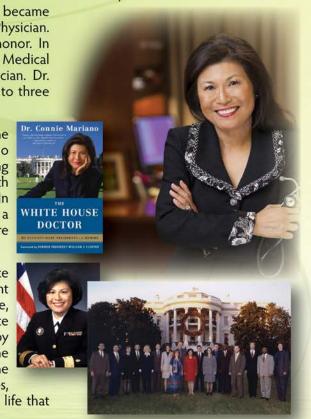
LITERARY ARTS - AUTHOR, "THE WHITE HOUSE DOCTOR"

Dr. Mariano has a very impressive list of "Firsts." In June 1992, Dr. Mariano became the first military woman in American history to be appointed White House Physician. She was nominated by the Navy and selected by the White House for this honor. In 1994, Dr. Mariano was named the first woman Director of the White House Medical Unit and chosen by President William Clinton to serve as his personal physician. Dr. Mariano served nine years at the White House where she was physician to three sitting American Presidents.

Completing 24 years of active duty service, Dr. Mariano retired from the Navy in June 2001 with the rank of Rear Admiral. She became the first Filipino American in history to become a Navy Admiral on July 1, 2000. After leaving the White House, Dr. Mariano became a consultant in the Executive Health Program at the Mayo Clinic in Scottsdale from July 2001 to October 2005. In November 2005, Dr. Mariano founded the Center for Executive Medicine, a medical concierge practice which provides presidential-quality medical care to CEOs and their families.

Dr. Mariano is also a former radio talk show host of House Calls on the Voice America network. She is a frequent guest speaker on television and print media on the topics of care to VIPs, presidential disability, travel medicine, and optimizing quality of care. She is the author of the book, The White House Doctor: My Patients were Presidents, A Memoir, published in 2010 by St. Martin's Press. Throughout her book, Dr. Mariano harkens back to all the hard work she put in to get to this place in her life. And it wasn't all sunshine and an easy path. She found herself having to fight stereotypes many times,

both against women and minorities. Her story takes you into the life that few people get to experience; told with grace, humor and passion.



Evelyn Avinante VISUAL ARTS - INTERIOR & ARCHITECTURAL DESIGNER

Her college work in fashion and costume illustration, initiated an invitation from The Old Globe Theatre's Production Department to intern there, for two seasons in her senior year at San Diego State University. She was an Art Major with an emphasis in Environmental Design. As a professional interior designer and architectural colorist, her work has been published and awarded in custom residential, commercial and healthcare environments.

Evie has designed several of our nation's first evidence-based Alzheimer's facilities, drug rehabilitation and addiction treatment centers, women's birthing centers, bariatric treatment centers, surgery centers and more recently, 'state of the art' animal healthcare facilities, over 42 million square feet of assorted healthcare projects. She was one of seven designers from around the country invited to participate in

BASF's "Trends in Healthcare and Color" in Williamsburg, VA. She has taught design at the college level and served as the first-elected Chairperson of North Park's Main Street Program (a federally funded redevelopment program for inner cities in the United States).

Evie's projects can be found in local, national and internationally published design magazines. An example of her work as an 'architectural colorist' can be seen on the newest campus of San Francisco State University's "Centennial Square," as an awarded project.

Evelyn was born at San Diego Balboa Naval Hospital in San Diego of first-generation Filipino immigrants. She has two grown sons and lives locally with her husband, M D McGee, an architect.



Fresas Flores-Balistreri

PERFORMING ARTS - MUSIC TEACHER / SINGER

Fresas Flores Balistreri is the co-founder, Chief Financial Officer, and Director of Social Media of BRAVURA innovations, a company that offers virtuoso solutions for the performing arts. She earned a BA in Music and a BS in Business Administration from UC Berkeley, and an MBA from Colorado Technical University.

She is a pianist and vocalist, and has performed as a soloist all around San Diego County as a singer of National Anthems. She was an accompanist with the San Diego Children's Choir and was on the piano faculty for the La Jolla Conservatory of Music. Her notable singing appearances include performances for the US troops as part of the US Army's Morale, Welfare, and Recreation program in Afghanistan and Qatar. She maintains a private music studio for piano and singing performance. She is currently one of the Musical Directors for the San Diego Fil-Am Youth Achievers Choral Ensemble.

While active in the music world, Fresas' business experience includes being the Teacher Community Manager at TakeLessons.com (music lessons provider) and a Google Helpouts service provider for piano lessons. Furthermore, she is a member of the California liaison team for the Royal Conservatory Music Development Program, a high-level national music assessments program. She is a supporter of higher education and was an Adjunct Instructor for Colorado Technical University, where she developed the curriculum for a music appreciation and history lecture series.

Fresas has been recently awarded the Dr. Jose Rizal Excellence in Community Leadership award from the Fil-Am Humanitarian Foundation. She is active in numerous non-profit organizations in the Fil-Am community, and truly believes in the essence of "giving back."



Can you believe the mission to bring clean water to over 215,000 people in Asia and Africa started with a song? Gemma is a multi award-winning musician and social entrepreneur receiving many awards; one from Queen Latifah for Cover Girl, which helped her start water projects in the country of heritage, the Philippines. She was recently recognized as one of the Most Influential Thought Leaders and Innovative Filipinas in the United States and the World and the Top 10 Water Solutions Trailblazers in the world by Reuters Alertnet. And it all started with a song...

As a former professional jazz singer and pre-school teacher who was not on her regular 8:50am train to the World Trade Center on September 11th, 2001, Gemma Bulos, witnessed a global community united through tragedy. In response, she wrote "WE RISE", that celebrates water as a metaphor for peace and unity in action. She left her life, gave away all her belongings and with her backpack, guitar and meager savings began traveling around the world to launch the unprecedented Million Voice Choir in over 100 citites in 60 countries to sing together in celebration of Peace Through Clean Water based on the notion that "it takes a single drop of water to start a wave."

Gemma's simple water metaphor transformed into her cause. Currently a Stanford Social Entepreneur Fellow, Gemma Bulos is also the Executive Director and Co-Founder of the Global Women's Water Initiative. Prior to this, she was the Founder/Executive Director of A Single Drop (USA) and the Founding Director of A Single Drop for Safe Water in the Philippines, developing innovative programming that creates income-generating communityled water service organizations. For this innovation, Gemma received national and international social entrepreneur awards including Echoing Green (International, 2007), Ernst Young (Philippines 2009) and Schwab Foundation at the World Social Forum (Asia 2010), and others. Her programs have won accolades including the Tech Museum Tech Equality Award (2010) and Warriors of the UN Millennium Goals (2010), sponsored by Kodak Philippines. An international speaker, she has been invited multiple times to give TEDx Talks for global and social awareness.

Please visit Gemma's website at gemmabulos.strikingly.com





Jeanne DeGuzman is the Chief Operating Officer and Co-Owner of Myxologie Juice Bar in East Village, San Diego. She also owns Gourmet In Stilettos, catering gourmet cuisine and desserts.

She has worked as an Art Director for over 20 years, designing and producing award winning campaigns through print, web, radio and television. She has designed corporate identity logos for cruise ships, restaurants, bands and various corporations. Her work has been seen on billboards, the web, television, magazines and brochures for various clients including Balboa Park Hall of Champions, Submarina, Dairy Queen,

Big O Tires and Lennar.

She received her Bachelor of Arts degree at San Diego State University. Although she specialized in design and illustration, she gravitated to her love of computers and technology, creating digital art, animation and websites.

Her passion for the arts extends beyond the visual arts. She dabbles in the performing arts as a singer, and the culinary arts as a caterer and developer of unique, innovative

and healthy food and beverages for Myxologie Juice Bar.

Jeanne is active in various non-profit organizations supporting the Filipino-American community and revels in fishing, photography, traveling, reviewing camping, restaurants and poker. 12





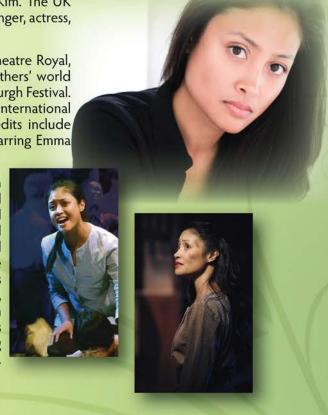
Jennifer's career began immediately upon graduating from California State University, Fullerton with her BA of Fine Arts in Musical Theatre, when she was cast as the lead role of Kim on the US Tour of MISS SAIGON. She was then invited by Sir Cameron Mackintosh to join the UK Tour, where again, she played the role of Kim. The UK became her home for the next 3 and half years where she worked as a singer, actress, and voice over artist.

Jennifer has played the role of Princess Jasmine in ALADDIN at the Theatre Royal, Brighton. She also originated the role of Leanne in the Heather Brothers' world premiere of TEEN SCREAM at the Theatre Royal Lincoln, and the Edinburgh Festival. During this time, Jennifer performed throughout Europe as part of an international vocal group called Incognito Artists. As a voice over artist, her credits include FLASHBACKS OF A FOOL starring Daniel Craig, and WILD CHILD starring Emma Roberts.

Upon her return home to California, Jennifer joined the cast of Stephen Sondheim's MARY ME A LITTLE as the female lead, held at the world renowned theatre company, East West Players. Jennifer has also played the title role in Disney's MULAN and performed in the Broadway-bound show ALLEGIANCE starring George Takei and Lea Salonga. She traveled to Beijing to play the lead in a new musical titled CINNAMON GIRL. She recently played the role of Eponine in LES MISERABLES at Lambs Players Theater here in San Diego. Jennifer was the lead in several short films, including "BY THE WATER'S EDGE," which premiered at the Cannes Film Festival in France, and has also appeared in "JOLLY B. FIERCE." She has also done a KFC commercial which is now on air. Jennifer is performing tonight in the show "An American Christmas" at the Hotel del Coronado.

Please visit her website at www.jenniferhubilla.com.

Jenniter Hubilla PERFORMING ARTS - SINGER & ACTRESS



Or. Judy Patacsil
LITERARY ARTS - AUTHOR, FILIPINOS IN SAN DIEGO

Dr. Judy Patacsil is tenured Professor and a licensed psychotherapist who currently leads Mental Health Services at San Diego Miramar College. She initiated Filipino related curriculum and has served as International Education Coordinator for Miramar and the San Diego Community College District. She has taught Filipino Studies, Counseling, and Psychology.

Judy's father originally came to the United States in the 1920's. He served in the United States Army, returned to the Philippines during WWII and later brought Judy's mother to the U.S. to raise their then growing family. Both of Judy's parents were Filipino pioneers in San Diego. She is a second generation Filipina American, who was born and raised here. Judy is the proud mother of her third generation Filipino American son.

As the lead author for the Arcadia published book "Filipinos in San Diego", Judy's writing focus is on the Filipino American experience. She also coauthored the accompanying guidebook for "Silent Sacrifices: Voices of the Filipino American Family". In addition, she has been a contributing author to various books and journal articles.

Judy is the current President of the San Diego Chapter of the Filipino American National Historical Society (FANHS) and she is the FANHS National Vice President. In her role with FANHS, Judy recently coordinated the very successful 2014 National Conference. She has a bachelor's and master's degrees from San Diego State University. She has an additional master's and has completed her doctorate degree in Culture and Human Behavior from the California School of Professional Psychology.



Julia "Thigs" Legaspi VISUAL ARTS - MAKE UP ARTIST / HAIR DESIGN

Born in Cavite City, Philippines, Julia or "Jhigs" as she is fondly called, is the 5th of 11 siblings born to Mrs. Juliana de los Santos and Ceferino Legaspi. With a Degree in Business Management and a Passion for Beauty, Julia opened "JHIG'S HAIR STUDIO" in 1982 and it has been a favorite spot for beauty ever since.

Equality has been Julia's advocacy. As a prominent leader not only in the LGBT Community but also in the Filipino community as well, Julia has received various recognitions from different civic organizations and political

leaders.

Julia also holds the honor of being the first transgender appointed to public office in the City of San Diego, and the third in the country. She was appointed by then Mayor Dick Murphy to the Equal Opportunity Commission and later to the Human Relations Commission.

Julia is currently a member of the Sheriff's LGBT Advisory Board.

Julia firmly believes that "Discrimination To Any Of Us Is Discrimination Against All Of Us! RACE, CULTURE, RELIGIOUS BELIEF AND SEXUAL ORIENTATION SHOULD NOT BE A HINDRANCE FOR EQUALITY AND FREEDOM!"



Layla Loxa
PERFORMING ARTS - DJ, SINGER & DANCER

DJ Layla is one of San Diego's hottest disc jockey's. She's made appearances at some of the regions hippest clubs including Eve Nightclub in Las Vegas, US Grant Hotel, The Grand Del Mar, and Hard Rock Cafe in San Diego and many more. Layla is also a guest DJ for Princess Cruise Lines in Skywalkers Lounge.

Layla is a Mobile DJ specializing in corporate events and other private parties. She even performed with the Beach Boys at a recent La Jolla wedding. Layla is a serious DJ; highly skilled in beat-matching and is sponsored by Serato/Rane, Ultimate DJ Gear and AKG. She is also a Karaoke Hostess and has a massive number of songs to choose from.

As a member of the band Liquid Blue, Layla has performed all over the world including more than 70 countries! She is a professional singer and dancer with the band and despite a hectic DJ schedule, still manages

to perform occasional shows with them.

On top of everything else, DJ Layla Loxa won the World Bodysurfing Championship in 2002 and has finished among the Top-10 on eight other occasions. She is also a competitive surfer and finished third place at the U.S. Surfing Championship in 2003.

Layla enjoys performing all over the world, but she also looks forward to the times when she can simply relax and visit her parents back "home" on the Aliguay Islands in Dapitan City, Philippines. Please visit her website at www. laylaloxa.com.



Mariel Martin Madrid

PERFORMING ARTS - CHOREOGRAPHER & DANCER

Mariel started dancing at the age of 13 in her hometown of Boulder, Colorado. When she was 17 she moved to the Bay Area (San Francisco/Oakland) and danced there with a team called Funkanometry SF. When she was 23, she moved to San Diego, which is her current home, and is now part of Cookies (dance company) and Movement Lifestyle (management company).

Mari never thought that she would become a professional dancer. She always just danced because she loved it. And she still does! From her first teaching job as a Hip

Hop Artist, the opportunities just followed. Along with her husband, Keone Madrid, Mari has performed on The Ellen DeGeners Show, and has been featured as a Guest Choreographer on So You Think You Can Dance. They are the featured artists in a Hyundai commercial, entitled Brilliant Dream, which plays in Times Square in New York City. She has traveled all over the world, performing, teaching and touching the lives of so many people, including at Urban Dance Camp, the world's most prestigious dance intensive education. She has won the Best Female Choreographer Award at the World of Dance. Mari feels very blessed to be doing

Although she has learned from and has been inspired by many amazing people in her dance career, her husband Keone Madrid has been a huge influence to her. She is also inspired by simple things in life, and acts of God, big or small. Mari says, "There's so much substance around us to make our art with; it's limitless."

what she loves and is very grateful.



A Boston native, Marissa has worked in all aspects of documentary production for the last 11 years. She received an Emmy for the documentary "Sikhs in America," which she produced and directed. Marissa returned recently from the Philippines where she filmed a Filipino-language narrative short called, "The Losing Cock" in which she received a Fulbright grant to complete the film. She is currently producing, directing and editing a PBS program on Filipino American history. In 2008, she directed the educational soap opera series "Grand Cafe." She was named, "One of the Most Influential Filipina Women in the US" by the Filipina Women's Network. When she's not making or watching movies, she's teaching digital filmmaking at Berkeley City College.

Marissa produced "Sounds of Hope" shown on Frontline World. She also produced and directed the half-hour documentary Little Manila: Filipinos in California's Heartland, which aired nationally on PBS. The film enjoys special status among Filipino Americans, Marissa jokes, largely because of the paucity of films on the Filipino American experience. However, it is her film The Delano Manongs: Forgotten Heroes of the UFW that has been recently celebrated during a nationwide screening tour for the film. It is a historical documentary about rural California, immigration, organized labor and

racism. As a filmmaker, Marissa tells the history and contributions of Filipino farm workers in the Golden State since the 1920s through this film. According to Marissa, her goal is to get Filipinos to learn about this history and be proud of it and have a better understanding of our contributions to the American fabric.

With her filmmaking partner, Niall McKay, she founded Media Factory, a media production company in 2004.

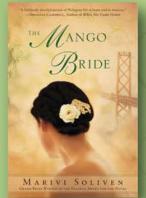
To view the trailer of The Delano Manongs, please visit www.delanomanongs.com. To learn more about Marissa's work, please visit mediafactory.tv/about/





Marivi Soliven

LITERARY ARTS "THE MANGO BRIDE"



Marivi has authored 17 books and taught creative writing at the University of the Philippines and the University of California at San Diego. Under its original title, In the Service of Secrets, her debut novel won the Grand Prize for the Novel in English at the 2011 Carlos Palanca Memorial Awards for Literature, the Philippine counterpart of the Pulitzer Prize. Retitled The Mango Bride, it was published by Penguin Books in April, 2013. Grupo Planeta Ediciones Madrid is

releasing a Spanish edition in October, 2014, while National Book Store is developing the Filipino edition. This past June The Mango Bride was named Best Contemporary Fiction of 2013

at the San Diego Book Awards.

After numerous readers wrote to say that The Mango Bride mirrored their own experiences with abusive marriages, Marivi decided that more could be done to help. In collaboration with Ambassador Harry Thomas and the California Western School of Law she organized "Saving Beverly: A Fundraising Dinner Adventure" at the Joan Kroc Center for Peace and

Justice, University of San Diego. The October 3 event benefits Access, Inc. whose Legal Director Anne Bautista, Esq, helps gain legal residency for immigrant survivors of domestic violence under the Violence Against Women Act (VAWA). Since the legal clinic's inception in 1997, Attorney Bautista has saved thousands of women and children and helped them move on to safer, more productive lives in this country. Through the Saving Beverly fundraiser, Marivi hopes that The Mango Bride can grow from simply offering a good story to serving as a vehicle for social change.



Dr. Melinda Llanes Silva

LITERARY ARTS - AUTHOR, "AGING GRACEFULLY AND STRONG"

Dr. Melinda Silva is a Double Board Certified physician in Family Medicine and Functional and Integrative Medicine. She strives to provide the best medical care with a focus on prevention and holistic health care by blending allopathic medicine with complementary medicine bridging the two disciplines.

After 16 years as a Family Doctor, Dr. Silva opened her own Anti-Aging practice with an emphasis on optimal health with body, mind, and spiritual rejuvenation, to improve the quality of life of others by focusing on the root cause of disease instead of just treating symptoms. She has helped to train other doctors in her field, lectured at a national level, has been featured on CBS' "The Doctors," and serves as a medical contributor for Fox 5 News.

Dr. Silva specializes in bioidentical hormone therapies, weight loss, and cosmetic medicine. She has received numerous awards and accolades for clinical care, academic excellence, teaching, leadership achievement, and philanthropic service. She is most honored by a Compassionate Care award nominated by her patients.

Dr. Silva's book "Aging Gracefully and Strong: ABCs of YOUthful Living," empowers you with practical tools to live the vibrant life you want. It was an Amazon Best Seller in Women's Health-Menopause. Dr. Silva also mentions the importance of support systems, and acknowledges Silayan Filipina as an example in her amazing book.

Dr. Silva is inspired most by her husband Rafael and their four children, Rafi, Danny, Christian, and Aliana, who give her endless joy and remind her of what is most important in life.



Melissa Tan Hardy PERFORMING ARTS -ACTRESS

Performing Artist Melissa Tan feels blessed to work in both the creative and corporate worlds. As a Spokesperson, she has hosted corporate projects for VISA, Petco and HP, to name a few, and has traveled the nation representing clients such as Jaguar, Infiniti, and Nissan. As an Actress, (on-camera, in voice-over and onstage) favorite credits include the independent comedy BALLBUSTERS for which she won "Best Actress" award at Indie Fest USA 2009, the indie drama FIST 2 FIST, and the primetime TV drama FASHION HOUSE. As a Host for Virtual Channel Network, credits include INDUSTRY RSVP IN-DEPTH and INSIDE CASTING. Kids might recognize her from a national McDonald's commercial. Melissa Tan has been featured in: LA Weekly,

Entertainment Today, In! Magazine, Tolucan Times, San Diego Union-Tribune, San Diego Reader, North County

Reader, and other media.

Visit www.Melissa-Tan.com to see some of her work.

Melissa was educated at the University of California, San Diego where she received her B.A. in Sociology, with double minors in Theatre and Ethnic Studies.

conversational English in Japan after graduation.

the Rock n' Roll Half Marathon in San Francisco, traveling

She can honestly claim utilizing her degree as she taught Among Melissa's proudest accomplishments: finishing to 5 continents, and climbing Japan's Mt. Fuji. Above all, Melissa is enjoying a "second childhood" in the role of her lifetime as mother and wife.



Sharlene Estrella Borromeo is the Designer of A'doreus, a contemporary clothing line for full figured women. The 35 year old Designer joined the fashion industry in 2005 to revolutionize plus size fashion- starting in her hometown of San Diego. Her expertise encompass 2 degrees in Fashion Business (2007) & Fashion Design (2009) and 8 years of mentoring from world renowned Fashion Icon, Zandra Rhodes. Rhodes encouraged Borromeo to pursue a career in Fashion Design after continuously challenging the novice business student with more creative and design-based projects.

Growing up as a plus size woman, Borromeo remains confident in her own skin and uses any criticism she encounters as a catalyst to eliminate the stigma that plus size women face because of cultural and social pressures of the fashion industry. Borromeo designs with conviction and is a pioneer, being the first and only Plus Size Designer of Fashion

Week San Diego, 3 years in a row since 2012. She has earned the title, "Fashion Week San Diego's 2014 Top Designer" after showcasing her third collection among 32 other designers. Borromeo's design philosophy is deeply rooted in "a lifestyle of a'doring and embracing diversity and size acceptance through the many facets of fashion."

Please visit Sharlene's collections at adoreusfashion.com/



Stella Abrera began ballet training in Southern California, then trained in the Royal Academy of Dancing method with Joan and Monica Halliday in Sydney, Australia. In 1995, Stella received the Gold Medal at the R.A.D.'s Adeline Genee Awards in London.

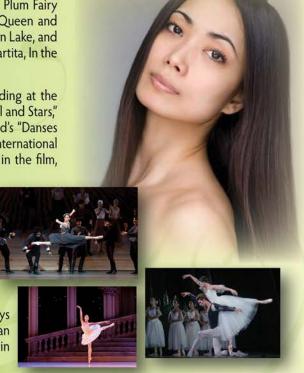
Stella joined American Ballet Theatre as a member of the corps de ballet in 1996 and was appointed to soloist in 2001. Her extensive repertoire with ABT includes Cinderella in Cinderella, Gamzatti in La Bayadere, Myrta and the Peasant pas de deux in Giselle, the Sugar Plum Fairy in The Nutcracker, Lilac Fairy and Princess Florine in The Sleeping Beauty, Driad Queen and Mercedes in Don Quixote, Lady Capulet in Romeo and Juliet, the pas de trois in Swan Lake, and many more. She has performed leading roles in Les Sylphides, Ballet Imperial, Bach Partita, In the Upper Room, Petite Mort, just to name a few.

Stella has performed as a guest artist across the United States and abroad, including at the Royal New Zealand Ballet. She has toured with troupes such as Ethan Stiefel's "Stiefel and Stars," Angel Corella's "Angel Corella and Stars of the American Ballet," Benjamin Millepied's "Danses Concertantes," and Daniel Ulbricht's "Stars of American Ballet," and performed in international galas with her husband and partner, Sascha Radetsky. She danced featured roles in the film,

"Ballet's Greatest Hits-YAGP Gala (Youth America Grand Prix)," and in the PBS broadcasts of ABT's productions of The Dream and Swan Lake. She was profiled in publications such as Pointe and Dance Magazine, and appeared on the covers of the January 2004 and April 2010 issues.

Not only is Stella a beautiful dancer, she has a beautiful heart. She created "Steps Forward for the Philippines" and raised almost \$20K to build a new school in Ngolos, Guiuan in Eastern Samar, one of the hardest-hit areas by Typhoon Haiyan last year (constructed by Operation USA and Honeywell). During her recent trip to Manila to debut in Giselle with Ballet Philippines, Stella visited Guiuan and says that her admiration for the brave and resourceful people there runs deep. "It was an unforgettable and life-changing experience." Stella is performing today as a Soloist in the American Ballet Theatre's production of The Nutcracker, in New York City.

Stella Abreia Performing arts -Prima Ballerina dancer / soloist



Zenaida Roy-Almario

Zenaida Roy-Almario is the acclaimed author of BRAGN™ - Be Real And Great Now, Rhymes and Reasons to Inspire Positive and Proactive Communicating Young Adults, and an "Amazon Best Selling Author" as a co-author of Step Into Your Vision. Zenaida is currently co-writing and publishing an inspirational tribute book for the well-loved and admired late Filipino teen entertainer, AJ Perez, with his mother Ma Victoria Sarte Perez. In continuance of her desire to inspire and encourage young adults and parents to be authentic in pursuing their life's dreams while making a positive change and difference in their communities, Zenaida is developing and publishing BRAGN™ Magazine, to be launched in 2015.

Zenaida has been featured twice on Cyrus Webb's Conversations LIVE Radio and once on his Inspirational Conversations, Janice Groves-Todd's FYI - For Your Information, For Your Inspiration and Barry Eva's A Book and Chat. Conversations' National Book Club has honored BRAGN™ as a "Top 20 Must Read Books, 2011," for young adults, "Top 10 Poetry Books, 2012," and as a "Top 20 Books That Help You Thrive From The Inside Out, 2012."

As a child growing up in San Diego, Zenaida wanted to be a teacher and a writer/journalist. Life took her towards a different path, however her love and passion for wanting to serve young adults and parents has come full circle as an author and positive voice. Zenaida enjoys speaking to groups at libraries, schools and organizations for young adults and parents. Please visit/contact Zenaida at www.zenaidaroy-almario.com, zenaida@zenaidaroy-almario.com.











HIGHLIGHTS













* Karilagan *



Silayan Filipina is proud to introduce our Karilagan Program for youth leadership and personal development. Karilagan is Tagalog for "Magnificence - to be the best that you can be." That is exactly what this program strives to achieve. The Karilagan Program is designed to inspire and empower young women between the ages of 15-18, to become well rounded

individuals and future leaders of the community. It combines meaningful seminars, interactive workshops, instruction in Filipino song and dance, and involvement in community service. The in-depth training is a collaborative effort by dynamic leaders, who present a wonderful learning experience unlike any other.

The Karilagan Program aims to develop leadership skills, enhance life skills, achieve personal growth, promote self confidence, engage in community service and embrace an appreciation for the Filipino culture; all while building teamwork, sisterhood and lifelong friendships. It provides an opportunity for participants to draw upon self realization, nourish their creativity and discover their full potential to make a difference. The skills they learn will help create a pathway to success in high school, college, their future careers and life in general. It enables them to make new discoveries about their unique passions, strengths and visions for the future.



Silayan Filipina Karilagan Coaches

"The best help we can offer the youth of today is to prepare them for tomorrow."

-Mark W. Boyer

Thank you to the following women who graciously gave their time, effort and expertise, sharing their diverse knowledge with our Junior Sampaguita members over the past six months. Your collaborative efforts inspired our young members and have exposed them to a wonderful array of opportunity to learn from a dynamic group of leaders, such as yourselves. Your mentorship is priceless and much appreciated. You are our Karilagan Coaches.

Arlie Ricasa Bagaporo

Higher Education

Atty. Anne Bautista

Teen Empowerment and Self Worth

Perla Brownlie

Social Graces

Joette Isibido Davidson

Leadership

Michelle Ella-Blake

Tagalog Song: "lingatan Ka" /

 Father/Daughter Dance: "The Way You Look Tonight" /

 Community Service Project: My Girlfriend's Closet

Debbie Discar Espe

· Leadership / Dining Etiquette

Capt. Paz Gomez, US Navy Retired

Leadership

Melissa Tan Hardy

Public Speaking / Voice and Diction

Jocelyn Soriano Lomahan

"Be The Best You Can Be"

 Personal Development (Confidence Building, Poise and Grace, Stage Presence)

Raena Mallari

 Philippine Folk Dance "Bulaklakan"/ Philippine Dance History



Alyssa Temporal Ricasa

DAUGHTER OF MR. AND MRS. TONY & JOYCE (TEMPORAL) RICASA BIRTHDATE: MAY 22, 1998 JUNIOR AT BONITA VISTA HIGH SCHOOL (FROM SAN DIEGO, CA)



Elleine Panganiban Fulgar

DAUGHTER OF MR. & MRS. MARK AND ELISA (PANGANIBAN) FULGAR BIRTHDATE: JANUARY 4, 1999 SOPHOMORE AT CHAPPARAL HIGH SCHOOL (FROM TEMECULA, CA)



Antonette Ricasa Bagaporo

DAUGHTER OF MR. AND MRS. ED & ARLIE (RICASA) BAGAPORO BIRTHDATE: JUNE 15, 1999 SOPHOMORE AT BONITA VISTA HIGH SCHOOL (FROM BONITA, CA)





Katrina Aguinaldo Hopkins

DAUGHTER OF MR. KENNETH HOPKINS & MS. JOSEPHINE AGUINALDO BIRTHDATE: MAY 19, 1997 SENIOR AT ALESSANDRO HIGH SCHOOL (FROM HEMET, CA)





Princess Joy San Jose Jolly

DAUGHTER OF MR. FINLEY & MRS. GRACE (SAN JOSE) JOLLY BIRTHDATE: SEPTEMBER 12, 1996 FRESHMAN AT MOUNT SAN JACINTO COLLEGE (MENIFEE CAMPUS) MAJOR: NURSING (FROM MURRIETA, CA)





Sampaguita Members





Dominique Adan*





Mae Agbayani*



Amelyn Agoncillo*



Jenni Agoncillo*



Josie C. Aguinaldo*



Zenaida Roy-Almario*



Rose Alonte



Lily Y. Ang



Martha Armenta



Evelyn (Evie) Avinante*



Antonette R. Bagaporo*



Fresas F. Balistreri



Breanne E. Bediamol*



Noelle E. Bediamol*



Sally E. Bediamol*



Tara E. Bediamol*



Melinda Benavente*



Tishia Berry*



Julianna Bianes



Linda Y. Bianes



Michelle Ella-Blake*



Arlene Bonifacio*



Leslie E. Borromeo*



Hazel E. Brillo



Cynthia C. Brown



Perla E. Brownlie*



Amor Lacerna-Burila*



Karen Adan-Burks*



Gladys G. Castillo*



Charmaine Clamor



Kimberlee Cody*



Rachelle Crook



Aliza Cruz*



Mae M. Cruz









Richelle Dauz*



Joette I. Davidson*



Debbie Discar-Espe*



Loren Galdiano*



Dr. Maria Galdiano*



Peggy Highbaugh



Cheryl R. Kelley*

Charito Kotas*



Alyssa Ella DeGuzman*



Riza G. Eusebio



Pearl L. Gan*



Jessica A. Hopkins*





Cami Ella DeGuzman*



Jennifer A. Fermil*



Genevieve Gapud*



Katrina A. Hopkins*



Julia Legaspi



Jeanne DeGuzman*



Rexie Fernandez*



Joyce M. Glady*



Luz Isip



Dr. Lillian Liberto*



Joy Ella DeGuzman*



Elisa P. Fulgar



Capt. Paz Gomez (ret)*



Grace Jolly*



Jocelyn Lomahan*



Marissa R. Del Fierro*



Elleine Fulgar



Melissa Tan Hardy*



Princess Jolly



Sheila A. Kanoya*



Ella Lozano



Christine Eco



Jessica Galdiano*



Sharifa Hashim





Marites Macasadia



Mel Madrid



Atty. Jerrilyn T. Malana*



Sally A. Nanquil*





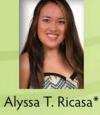
Jennifer B. Owen







Alyssa B. Pack



Merle A. Quinsaat*

Mary Jane C. Ramos



Arlie Ricasa*





Eva C. Ricasa*h



Marivi Soliven*



Grace Gan Tabares*



Joanne D. Vallar*



Natalie Parker*



Ellen A. Pike*





Marilou Pizarro Elizabeth Rodriguez*



Michelle Vargas

Janet S. Winter*

Michelle Wong*

*Charter Members

Nenette Santos



Dr. Melinda L. Silva*









Janet P. Mallari



Raena Mallari



Dr. Connie Mariano



Dr. Virginia Mattson



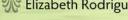
Beverly McKnight*



26 Dulcie Mendoza









Family Members

Erwin Abad* John Anthony Abad* Alex Adan* Jerome Agbayani* John (AJ) Agbayani* Fidela C. Aguinaldo* Rodolfo D. Aguinaldo* Marilyn Alibin* Mylin Bautista* Edelina Bagaporo* Elayna Bagaporo* Natalie Bagaporo* Alan Bediamol* Arianna Benavente* Kiana Benavente* Camille Berry* Lauren Berry* Joy Bonifacio* Nora Bonifacio* Sandra K. Bonifacio* Shannon Brenner*

Faith Burila* Joelle Burila* Rick Burila* Ryan Burila* Stephen Burks* Enaj Cando Diana Crosthwaite Alberto Cruz* Darlene D. Cruz* Diana Cruz* Dillon Cruz* Susana Cruz* Anthony DeGuzman* Flora DeGuzman* Norman DeGuzman* Peter DeGuzman* Chloe Elise G. Eusebio Ian Gabriel G. Eusebio Oscar G.T. Eusebio Rheana Fernandez * Rick Fernandez*

Arldwin Flores* Ella P. Fulgar Mark Fulgar Eric Gaillard* Gina Gaillard* Iohn Gaillard* Diego Galasso* Tonino Galasso* Carlo Galdiano* Jovencio Galdiano* Sheldon Glady* Annielyn Gutierrez* Ryan Hardy* Christine Harvel* Josefina P. Isibido* Amanda Liberto * Sabrina Liberto* Tom Liberto* Victoria Liberto * Ava Lomahan* Jay Lomahan*

Sofia Lomahan* Atty. Bonita Martinez* Jona Bamba Mendoza* Anneliese Nanguil* Brandon Nanguil* Cameron Nanquil* Cleto Nanquil* Regan Owen Velinda Palma* lennifer Piranio* Kiara T. Pucan* Wendy S. Pucan* Jasmine Rosal* Tony Ricasa* Aliana Silva* Christian Silva* Danny Silva* Dr. Rafael Silva* Rafael M. Silva* Arlene Sievert* Evelyn Soriano*

Trinidad Sorongon* Carmelita Sta. Agueda* Grace E. Tan* Lety Tan* Max Tan* Erika Temporal* Sharon Temporal* Rose Thornton Joe Ungoco* Bianca Vallar* Derek Vallar* Nestor Vallar* Tawnee Vallar* Mary Vance* Carmina Vanderlipe* Jason Winter* Breanna Wong* Leticia L. Wong* John Wong*

*Charter Members





Congratulations to Silayan Filipina on a tremendous inaugural year!

A special kudos to the Karilagan participants and their families on successfully completing the program.

Best wishes to our dear friend Joy De Guzman, the Silayan Filipina Leadership Team, and fellow Sampaguita members as we continue to chart our course in the years to come. Mabuhay!

Captain Paz B. Gomez, CEC, U.S. Navy (Retired)
Lieutenant Colonel John Gaillard, U.S. Marine Corps (Retired)
Eric and Gina Gaillard

Congratulations to

Lieutenant Christine Fos Harvel

who has been with the San Diego Sheriffs Department for over 20 years. Her various assignments include Substation Commander for the Alpine Substation, working for the Emergency Services Division, and currently is in the Internal Affairs Department.



Christine earned a
Bachelors Degree from
Union Institute and
University and is a graduate
of the FBI National
Academy, Session 251. We
are all so very proud of you!

Love, Mom, Diane, Tishia, Lauren and Jason

Congratulations to the

Silayan Filipina National Organization!

A celebration of our proud heritage nd support of the communities around us!

Love,
The Eulogio Fos Family,
Steve Granados Sr Family,
The Harvel Family
and The Berry Family







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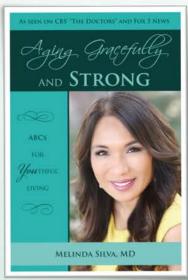
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Congratulations to the new

Silayan Filipina Officers & Board Members!

It is an honor to be affiliated with such a wonderful group of women that care so much and do so much for the community!

Silayan Sisters for Life!

Mabuhay!

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- We can show you how to improve the performance of your 401K account for a safe and secure retirement.
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Dr. Virginia P. Mattson and family 11717 Bernardo Plaza Ct. Ste 100, San Diego, CA 92128



Congratulations to Silayan Filipina on your inaugural gala!

Warmest wishes to the Ella Family for all your hard work! We love you, Mama Agnes and Miss Alyssa!

Greetings from Montessori School of Mira Mesa

> Sandra Manring, Owner/Teacher 11167 Westonhill Drive San Diego, CA 92126 (858) 566-3270

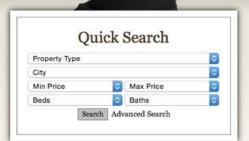


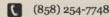


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Featured Community



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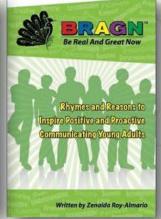


"As a writer, you work alone with your creativity and imagination at the oddest hours of the day and night, and to yourself - you chuckle, crinkle your lips in dismay and even cry a river, hoping that each crafted word will captivate, inspire and encourage one heart at a time. The positive feedback of your work can be months or years before it is received, and when it does arrive, you are never prepared for the magnitude of your heart being ever so grateful. To the Silayan Filipina Organization, thank you for connecting me with the Silayan Sisterhood and

for all of your love, support and friend-ship! Much love and deep gratitude to my supportive husband - Ron, sons, parents and family; you give me the reasons to be the authentic dreamer to Be Real And Great Now.







CONGRATULATIONS

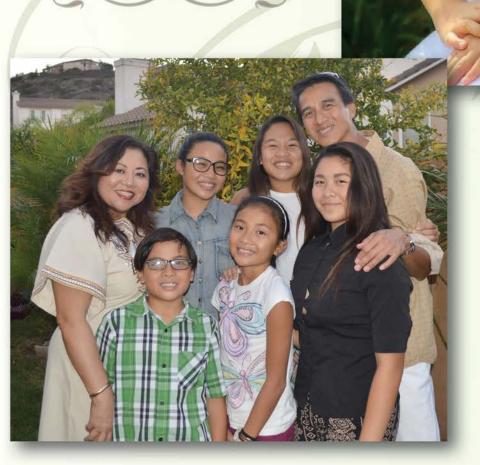
Intonette!

We love you

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of your becoming a

Karilagan Youth Leader!





From your loving family! Mom, Dad, Natalie, Elayna, Edelina and EJ



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John 8:12 "I am the light of the world."



Congratulations

Alyssa!

You are beaautiful inside and out.

Follow your heart and
pursue your dreams.

You achieve because you believe.
We are so proud of you!

Love,
Ninang Sharon, Ninong Alex,
Jared and Lance

Merry Christmas To Our Silayan Filipina Family!

To dream anything that you want to dream,
That is the beauty of the human mind.
To do anything that you want to do,
That is the strength of the human will.
To trust yourself to test your limits,
That is the courage to succeed."
Let's make a difference!

Congratulations Alyssa, Antonette, Elleine, Princess & Trina!

Strive to be the best you can be!

Follow your dreams...

there are no limits to the dreams

you can achieve

except those you place upon yourself.

Follow your star!

Best wishes,
Norman, Joy, Alyssa, Cami & Anthony







Alyssa Ella DeGuzman

Realtor

Direct: 951.764.7616 alyssa.ella.deguzman@sd-realtor.com 821 Kuhn Drive #101 Chula Vista, CA 91914 CA BRE No.01897378



Joy E. DeGuzman Realtor

Direct: 619.972.0438 joy.deguzman@earthlink.net 821 Kuhn Drive #101 Chula Vista, CA 91914 CA BRE No. 01729211 Maligayang bati sa inyong unang taon at sana'y makamit nyo ang marami pang tagumpay sa hinaharap!

MABUHAY

Silayan Filipina!





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619-363-2870 Loose outlets replaced



Congratulations My Dearest Jeanne



You are truly deserving of your recognition by Silayan Filipina in the field of Visual Arts -Media Artist & Designer.

Your professionalism and creativity in your designs are amazing. Thank you for your generous talents and contributions to our communities and family events

You make me and your parents proud.

Aloha & Mabuhay my love. Robert





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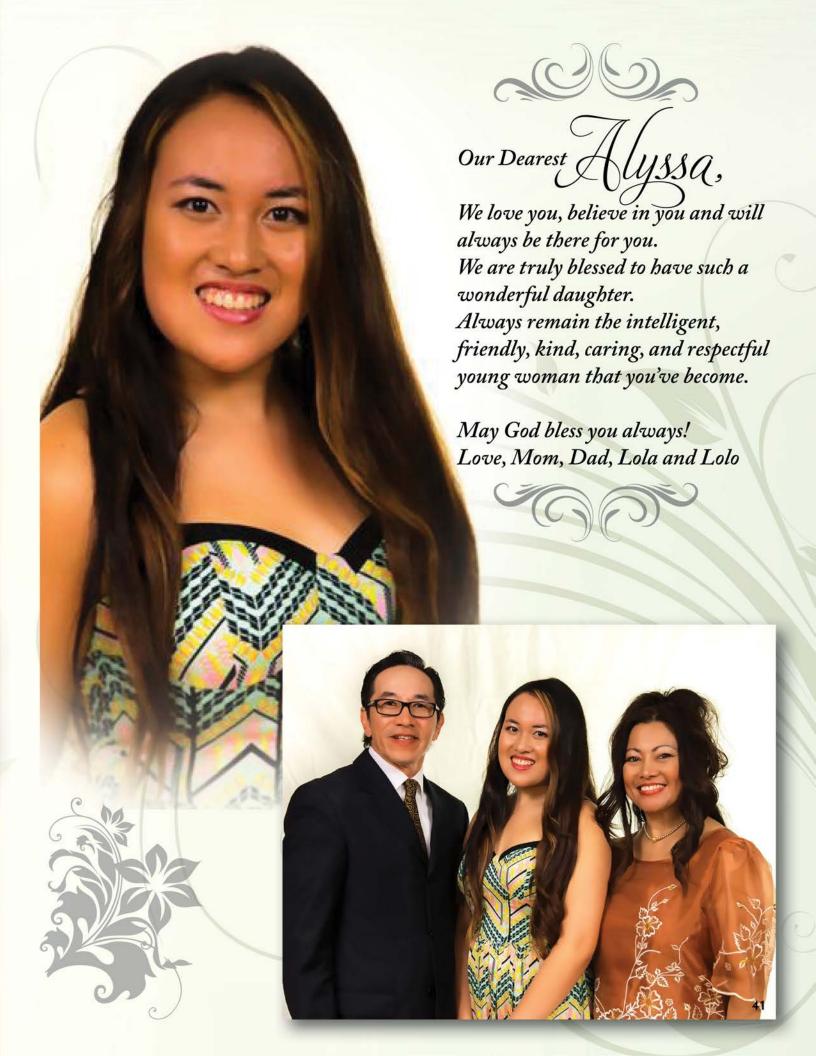
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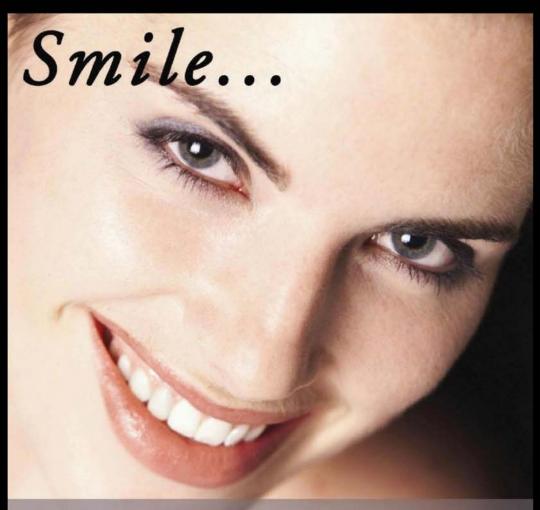






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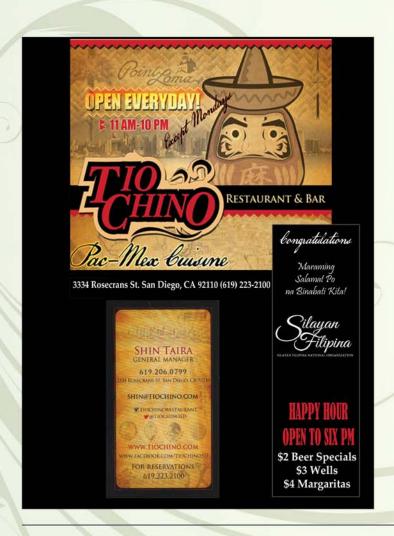


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Congratulations to

Silayan Filipina's

one year anniversary of

successful endeavors!

Thank you for selecting a

benefit dearest to my heart

(Children of Mother Earth)

Amelyn, Crystal, and Aurora Agoncillo



Congratulations

Silayan Filipina on your first Benefit Gala. We wish your organization continued success!

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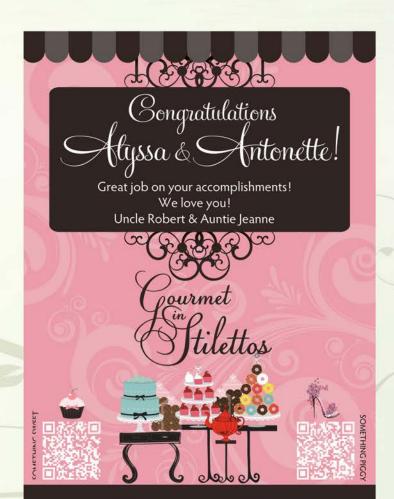
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To my Silayan Sisters -

Believe in yourself, what you think, what you feel
Believe in the truth, in the good, the ideal
Believe that your dreams can someday become real
Forever and always, believe.

Believe in yourself and in what you can do Believe in the goals that you strive to pursue Believe in the friends who believe in you too Forever and always, believe. (by Amanda Bradley)

Thank you for believing in the vision, mission and idea of Silayan Filipina.

Together, we've created this organization into what it is today.

The sky's the limit; this is only the beginning...



Wishing you all a very happy holiday season, from my family to yours!

Love,

Michelle, Yul, Ryan and Kiana

Congratulations to the Inaugural Silayan Ball.



Two-thirds of middle-income American workers (those earning between \$40-\$99K) are saving less than 5% of the income for retirement and nearly 25% are saving nothing at all.(source LIMRA Oct 2012).

Call if you need help with any of your financial needs: 619-889-2085.

Amor & Rick Burila

Congratulations
Silayan Filipina.
Best wishes on another
successful year.

Love, Charito Kotas

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Best Wishes to new Junior Sampaguita member,

Trina Hopkins





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Happy Holidays & Congratulations

TO THE FIRST OF MANY

Silayan Filipina Galas!





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